

TEXTBOOK REVIEW

Sanders' Paramedic Textbook SIXTH EDITION

Christopher McLaughlin, MD, NRP*

Chief Resident, General Surgery, Penn State Hershey Medical Center

What excites you the most about *Sanders' Paramedic Textbook, Sixth Edition*?

As the landscape of paramedicine changes, ***Sanders' Paramedic Textbook*** continues to be a reliable resource for prehospital care. The new sections in the *Sixth Edition* on COVID-19 provide insights into key considerations for patient care as it relates to not only the acute illness, but also its effect on chronic diseases as well. Updated point-of-care-ultrasound (POCUS) sections provide updated views and techniques that enhance the paramedic's ability to diagnose and treat patients where they are, prior to arrival at the hospital. Important updates on the use of whole blood transfusions and drug-assisted airway management provide the learner with tools necessary to understand these important treatments being rapidly adopted across the country. Finally, the "Show Me the Evidence" sections continue to provide excellent resources to answer the questions around why we do what we do, furthering every paramedic's understanding of their practice beyond protocols and traditions.

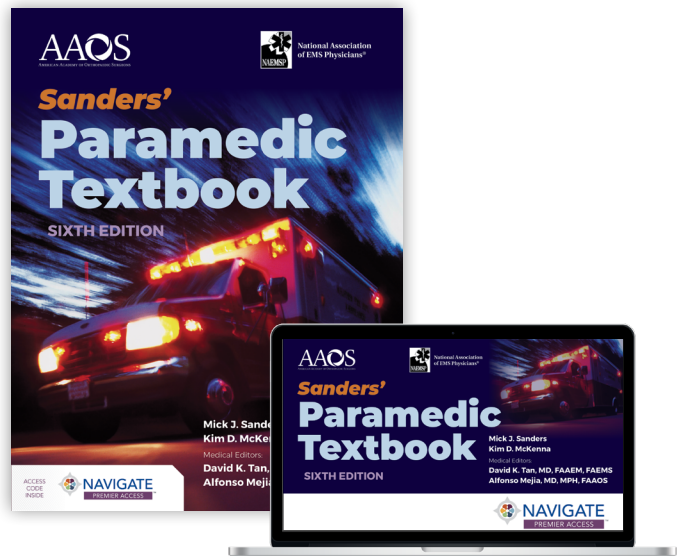
Can you describe any new content that is useful for teaching today but isn't available with other paramedic texts?

The "Show Me the Evidence" sections remain one of the premier examples of connecting students with clinical practice. So often, what we teach and learn is based on protocols, traditions, and anecdotal evidence. These sections provide relevant primary literature that creates a foundation for informed clinical practice.

Continues on next page.

KEY REVIEW NOTES

- ✔ Feels the new and updated sections in the book on COVID-19, point-of-care ultrasound (POCUS), whole blood transfusions, and drug-assisted airway management are exciting and noteworthy additions to the textbook
- ✔ Appreciates the "Show Me the Evidence" sections as a premier example of connecting students with clinical practice and answering the questions around why paramedics do what they do
- ✔ Believes the textbook is a top-notch resource for preparing students for both state and national certification exams



* This individual participated in an incentivized review program; a complimentary copy and incentive were provided in exchange for an honest and unbiased review.

TEXTBOOK REVIEW

Sanders' Paramedic Textbook, SIXTH EDITION

Additionally, these sections reinforce the importance of seeking support for practice patterns at all stages of a learner's career.

As blood transfusions are becoming more and more common in the prehospital setting, *Sanders'* gives students the clinical basis necessary to begin practicing in a system where paramedics can provide these therapies. Discussions on the role of whole blood in resuscitation, the process of transfusion, and the essential monitoring required during transfusion are easily accessible to learners and are supported with excellent diagrams and literature.

Sanders' ongoing focus on paramedic safety and well-being has always been an important part of the text. The *Sixth Edition* further enhances these important parts of practice through enhanced discussions on recognizing patients at risk for transmitting communicable diseases, the COVID-19 pandemic, and an entire chapter devoted to the Safety and Wellness of the Paramedic.

The updates to the pediatric section, including considerations for specific injuries and children with complex medical needs, provide expanded insights into providing care for these specific populations.

There's a documented shortage of paramedics in the field, and many students fail to complete coursework and become paramedics. Do you think this resource may set students up for success in class? How might it help them prepare for NREMT exams?

The text's foundational materials set the stage for the finer points of physiology and pathophysiology in the later organ-based chapters. This allows learners to develop a common framework for each system and its relevant diseases. The chapters are written in a smooth, logical fashion that keeps students interested with excellent

continuity between chapters and a good balance of general principles and specific facts. Each chapter is bolstered by supporting sections that keep students engaged, such as Case Studies, "Did You Know?", and "Show Me the Evidence." These supporting sections make an impression on the learner that connects the material to a memorable moment in the learning process. It is these impressions that prepare students for success in the NREMT exams. The text was written to comply with the standards of the NREMT, and each chapter comes with not only the base knowledge necessary to pass these important tests, but also with tips and tricks for both the written and practical exams that set students up for success both academically and practically.

Would you recommend *Sanders' Paramedic Textbook, Sixth Edition* to paramedic instructors?

Sanders' Paramedic Textbook has undergone several important updates and possesses the necessary material for instructors to ensure a solid foundation in the practice of paramedicine. The text covers all the major topics necessary for success on state and national exams, which is at the forefront of students' minds when it comes to finding the right resource. The book is divided into teachable sections and written in an accessible and inclusive language for learners of all backgrounds. The chapters are easy to prepare from, and each one has several conversation starters where instructors can easily supplement with clinical experience or cases. The flow of each chapter also provides jumping off points for further teaching and discussion through supporting sections like "Show Me the Evidence" or "Critical Thinking." All in all, paramedic instructors looking to create conversation in the classroom, as well as provide paramedic students with a solid foundation in clinical practice, would be well-served using the ***Sanders' Paramedic Textbook, Sixth Edition***.

Individuals may be compensated for sharing their own opinions or experiences regarding our products or services. These perspectives are not necessarily shared by all others who review or use our products or services.

For more information on ***Sanders' Paramedic Textbook, Sixth Edition***, please visit go.psglearning.com/Sanders6e or contact your Public Safety Group Account Manager at go.psglearning.com/findarep